

PRO ACTIVE

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THE PROACTIVE RANGE.

SOMETIMES A GYM SIMPLY NEEDS NO-FRILLS EQUIPMENT THAT IS TOUGH AND EFFECTIVE. THAT'S WHAT PROACTIVE IS ALL ABOUT: A NEW RANGE OF TRAINING TOOLS FOR STRENGTH AND FUNCTIONAL TRAINING, BROUGHT TO YOU BY A NAME RECOGNISED IN THE UK FITNESS MARKET FOR MORE THAN 20 YEARS. AS WELL AS FEATURES FOR GREAT USABILITY, THIS RANGE STANDS OUT WITH CLEAN, CLASSIC DESIGN. THERE ARE ALSO RACKS TO KEEP EVERYTHING STORED AWAY NEATLY.

GET DOWN TO THE FUNDAMENTALS WITH PROACTIVE.

CONTENTS.

4. URETHANE DUMBBELLS.
5. RUBBER DUMBBELLS.
6. OLYMPIC GRIP PLATES.
7. RUBBER BUMPER PLATES.
8. CAST IRON KETTLEBELLS.
9. SOFT PLYO BOXES.
10. MEDICINE BALLS.
11. DOUBLE GRIP MED BALLS.
12. VINYL DIPPED HANDWEIGHTS.
13. ECO REP SET.
14. RACKS.

URETHANE DUMBBELLS.

- Solid steel head, pressed and welded to a chrome-plated handle.
- Durable, non-marking and low-odour urethane coating.
- Contrasting weight indicators permanently moulded into the heads.
- 2.5kg increments.



WEIGHT: 2.5KG – 50KG (2.5KG INCREMENTS).
MATERIALS: SOLID STEEL CORE WITH URETHANE COATING.
PART CODE: PAP025 – PAP500.

For rack information see page 14.

RUBBER DUMBBELLS.

- Solid steel head, pressed and welded to a chrome handle.
- Rubber coating.
- Weight indicators permanently moulded into the heads.
- 2.5kg increments.



WEIGHT: 2.5KG – 50KG (2.5KG INCREMENTS).
MATERIALS: SOLID STEEL CORE WITH RUBBER COATING.
PART CODE: PAR025 – PAR500.

For rack information see page 14.

OLYMPIC GRIP PLATES.

- Rubber coated.
- Easy grip handles.
- Pressed steel inserts.
- Moulded weight indicators show pounds and kilograms.



WEIGHT: 1.25/2.5/5/10/15/20/25KG.
MATERIALS: STEEL CORE WITH RUBBER COATING.
PART CODE: PADR012 – PADR250.

RUBBER BUMPER PLATES.

- Solid rubber.
- Pressed steel inserts.
- Moulded weight indicators show pounds and kilograms.



WEIGHT: 5/10/15/20KG.
MATERIALS: SOLID RUBBER.
PART CODE: PABR050 – PABR200.

CAST IRON KETTLEBELLS.

- Extra-tough powder-coated finish.
- Colour-coded bands and engraved weight indicators.
- Smooth handles.
- Flat base.



WEIGHT: 8/12/16/20/24KG
MATERIALS: CAST IRON WITH POWDER COATING.
PART CODE: PAKC08 – PAKC24.

For rack information see page 14.

SOFT PLYO BOXES.

- Can be used individually or stacked for different height options.
- Velcro tabs for safety when stacking.
- High-density foam filling with PVC covering.
- Lightweight so easy to move around the gym.



SIZE: 30CM/45CM/60CM.
MATERIALS: REBONDED FOAM AND PVC.
PART CODE: PAPSB30/PAPSB45/PAPSB60.

MEDICINE BALLS.

- Textured rubber.
- Designed to bounce.
- Weight indicators show pounds and kilograms.



WEIGHT: 1/2/3/4/5KG.
MATERIALS: RUBBER.
PART CODE: PAMB01 – PAMB05.

For rack information see page 14 and 15.

DOUBLE GRIP MEDICINE BALLS.

- Textured rubber with ergonomic handles.
- Designed to bounce.
- Weight indicators show pounds and kilograms.



WEIGHT: 6/7/8/9/10KG.
MATERIALS: RUBBER.
PART CODE: PADG06 – PADG10.

For rack information see page 14 and 15.

VINYL DIPPED HANDWEIGHTS.

- Vinyl dipped cast iron.
- Anti-roll design.
- Comfort grip handle.



WEIGHT: 1/2/3/4/5KG.
MATERIALS: CAST IRON WITH VINYL COATING.
PART CODE: PAVD01 – PAVD05.

For rack information see page 15.

ECO REP SET.

- Recycled steel with a urethane coating.
- Easy grip handles.
- Includes 2 x 1.25kg, 2 x 2.5kg and 2 x 5kg plates, 1 x bar and 2 x clamp collars.



WEIGHT: 1.25/2.5/5KG PLATES
MATERIALS: URETHANE COATED RECYCLED STEEL.
PART CODE: ECOSET.

For rack information see page 15.



RACKS.

- Low carbon steel tube, forged and welded.
- Plastic end caps and rubber feet included.
- Bolts together for self-assembly.



DUMBBELL RACK AND CUPS.
HOLDS: 10 OR 12 PAIRS OF
2.5-25KG DUMBBELLS.
SIZE: H900MM, D570MM, W2400MM
WEIGHT: 69KG.
10 PAIR PART CODE: PADBR10.
12 PAIR PART CODE: PADBR12.



KETTLEBELL RACK.
HOLDS: 10 KETTLEBELLS
SIZE: H850MM, D520MM,
W1200MM
WEIGHT: 36KG
PART CODE: PAKBR10.



5 BALL RACK.
HOLDS: 5 MEDICINE BALLS
OR 5 DOUBLE GRIP
MEDICINE BALLS
SIZE: H1570MM, D620MM,
W 700MM
WEIGHT: 18.5KG
PART CODE: PAMBRO5.



10 BALL RACK.
HOLDS: 10 MEDICINE BALLS OR
10 DOUBLE GRIP
MEDICINE BALLS
SIZE: H1570MM, D640MM,
W740MM
WEIGHT: 31KG
PART CODE: PAMBR10.



HANDWEIGHT RACK.
HOLDS: EACH 11 CHANNELS
CAN HOLD 28 X 1KG, 24 X
2KG, 20 X 3KG, 16 X 4KG OR
16 X 5KG HANDWEIGHTS.
SIZE: H1210MM, D550MM,
W1000MM
WEIGHT: 29KG.
PART CODE: PAMHR01.



ECO REP SET RACK.
HOLDS: UP TO 10 SETS: 60
DISCS, 10 BARS AND 20
CLAMP COLLARS.
SIZE: H1570MM, D660MM,
W750MM
WEIGHT: 33KG.
PART CODE: PARS01.

PRODUCT DESCRIPTIONS.

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The logo for ProActive, featuring the word 'PRO' in a large, bold, white, blocky font above the word 'ACTIVE' in a similar but slightly smaller font. A diagonal slash is positioned between the two words, extending from the top right of the 'O' in 'PRO' down to the bottom right of the 'I' in 'ACTIVE'.